

## Health Care Reimbursement Account Worksheet

Estimate Your Eligible Expenses – Below is a partial list of eligible expenses to help you estimate your annual out-of-pocket healthcare cost:

### Expenses Eligible for Reimbursement

- Insurance Deductible ..... \$ \_\_\_\_\_
- Insurance Co payment ..... \$ \_\_\_\_\_
- Prescription drug co payments (including birth control) ..... \$ \_\_\_\_\_
- Routine physicals, including gynecological exam ..... \$ \_\_\_\_\_
- Unreimbursed Dental expenses ..... \$ \_\_\_\_\_
- Unreimbursed Orthodontia expenses ..... \$ \_\_\_\_\_
- Unreimbursed Vision expenses ..... \$ \_\_\_\_\_
- Hearing exams and hearing aids ..... \$ \_\_\_\_\_
- Unreimbursed Chiropractic exams and treatment ..... \$ \_\_\_\_\_
- Unreimbursed Occupational Therapy..... \$ \_\_\_\_\_
- Unreimbursed Psychiatric care ..... \$ \_\_\_\_\_
- Special care for handicapped ..... \$ \_\_\_\_\_
- Unreimbursed Therapy for Drug and Alcohol addiction..... \$ \_\_\_\_\_
- Transportation to receive health care  
(mileage at 19 cents per mile in 2016, and 17 cents per mile in 2017)..... \$ \_\_\_\_\_
- Special durable medical equipment prescribed  
by a physician ..... \$ \_\_\_\_\_
- Other expenses specifically prescribed by a physician  
for treatment of a specific diagnosis..... \$ \_\_\_\_\_
- Total Estimated Eligible Expenses..... \$ \_\_\_\_\_**

### Expenses NOT Eligible for Reimbursement

- **Over-the-counter medicines (effective 1/01/2011)\***
- Cosmetic Surgery & Procedures, including teeth bleaching, veneers, face lifts
- Health Club expenses to keep physically fit
- Expenses paid by another health plan
- Long-term care expenses
- Insurance premiums

ANY MONEY LEFT IN YOUR ACCOUNT AT THE END OF THE PLAN YEAR, BY LAW, MUST BE FORFEITED

Additional information on deductible medical expenses may be found in *IRS Publication 502 Medical and Dental Expenses* available at your local IRS office or at [www.irs.ustreas.gov/Forms&Pubs](http://www.irs.ustreas.gov/Forms&Pubs). It may also be obtained from Tri-Star's website: [www.tri-starsystems.com](http://www.tri-starsystems.com).

\*For information on the exclusion on OTC medicines, go to <http://www.tri-starsystems.com/site/participant/announcements.aspx>.